

Parklands Term 6

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



Monday

Tuesday

Wednesday

Thursday

Friday

Hot Red

Jacket Potato
Topped with Tuna
Mayo
Served with
Fresh Salad

Homemade
Bacon and cheese
Turnover
Served with
Hash Brown &
Carrots

Oven cooked
Chicken Burger
Served with
Potato Wedges &
Sweetcorn

Homemade
Spaghetti Bolognese
Served with Garlic
Bread &
Green Beans

Fish Cakes
Served with
Oven Fries &
Baked Beans

**Hot Green
Vegetarian**

Jacket Potato
Topped with
Cheese
Served with
Fresh Salad

Homemade
Cheese
Turnover
Served with
Hash Brown &
Carrots

McCain Vegetable
Burger
Served with
Potato Wedges &
Sweetcorn

Homemade
Vegetarian Meatballs
& Spaghetti
Served with
Garlic Bread &
Green Beans

Chicken style
Veggie Nuggets
Served With
Oven Fries &
Baked Beans

**Sandwich
Option**

Tortilla wraps
with choice of
Ham or Cheese
Tortilla Chips &
Fresh Salad

Tortilla Wrap
with choice of
SF Chicken or
Cheese
Hash Brown &
Fresh Salad

Tortilla Wrap
with choice of
Tuna Mayo or Cheese
Tortilla Chips &
Fresh Salad

Tortilla wraps
with choice of
Turkey or Cheese
Tortilla Chips &
Green Beans

Tortilla Wrap
with choice of
Ham or Cheese
Oven Fries &
Sweetcorn

Dessert

Homemade
Fruit Flapjack
Fresh fruit
Yogurt

Homemade
Chocolate Brownie
Fresh fruit
Yogurt

Homemade
Lemon Drizzle Cake
Fresh fruit
Yogurt

Homemade
Raspberry Jelly &
Diced Fruit
Fresh fruit
Yoghurt

Marshfield
Ice-cream
Fresh fruit
Yoghurt

Tasty

Nutritious

Delicious

Fresh

