

Parklands Term 3 Halal Menu

# LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Hot Red**

Homemade  
Roasted Halal  
Chicken Pasta  
Bake

Served with  
Fresh Mixed Salad

Homemade Mild  
Halal Chilli Con  
Carne

Served with  
Steamed Rice and  
Green Beans

Halal Chicken Burger

Served with  
Smiley Faces and  
Carrots

Homemade  
Halal Beef Hotpot

Served with  
Seasonal Veg

Oven Baked  
Jumbo Fish Finger

Served with  
Oven Baked Fries &  
Baked Beans

**Hot Green  
Vegetarian**

Homemade Pizza  
Pinwheels  
Served with  
Fresh Mixed Salad

Homemade  
Vegetarian Pasta  
Bolognaise

Served with  
Green Beans

Vegetarian Burger

Served with  
Smiley Faces and  
Carrots

Homemade Quorn  
Sausage Casserole

Served with Rice and  
Seasonal Veg

Homemade  
Cauliflower and  
Broccoli Bake

Served with  
Oven Baked Fries &  
Baked Beans

**Sandwich  
Option**

Fresh Baked  
Baguette with  
Halal Chicken  
Goujon or Cheese  
Selection from the  
Salad Bar

Freshly Made  
Roll with  
Halal Chicken  
Goujon or Cheese  
Selection from the  
Salad Bar

Fresh Baked Baguette  
with  
Tuna or Egg Mayo  
Selection from the  
Salad Bar

Freshly Made  
Roll with  
Halal Chicken Goujon  
or Cheese  
Selection from the  
Salad Bar

Fresh Baked  
Baguette with  
Halal Chicken Mayo  
or Cheese  
Selection from the  
Salad Bar

**Dessert**

Homemade  
Jelly  
Fresh fruit  
Yogurt

Homemade  
Pineapple Upside  
Down Cake  
Fresh fruit  
Yogurt

Homemade  
Sticky Toffee Pudding  
Fresh fruit  
Yogurt

Homemade  
Aussie Choc Crunch  
Fresh fruit  
Yoghurt

Ice-cream Pot  
Fresh fruit  
Yoghurt

*Tasty*

*Delicious*

*Nutritious*

*Fresh*

